

### **Substance Abuse Resources**

09/2023

### FINDING ALCOHOL AND DRUG TREATMENT SERVICES

In order to get treatment for alcohol and drug problems you will need to identify providers/programs and arrange for payment. You may need to make a number of phone calls, obtain an evaluation for treatment, apply for financial assistance or secure an approval from your insurance company. There may be waiting lists for some inpatient treatment programs. We hope that knowing this, and having the attached resource information, will assist you in getting the treatment you need to get started on the road to recovery.

#### FIND A TREATMENT PROVIDER

- 1. If you have **private insurance**:
  - a) Contact your private insurance company for providers in your plan.
  - b) Ask your insurance provider for your benefits for substance abuse treatment and names of "in plan" or "in-network" providers or,
- 2. If you have **Maryland Medical Assistance**:
  - a) Call the number on your MA or Managed care Organization (MCO) card.
  - b) Ask your MA or MCO provider about your benefits for substance abuse treatment and names of "inplan" or "in-network" providers or,
- 3. If you are an **Anne Arundel County resident with no insurance**:
  - a) Contact the county Substance Abuse referral Line at 410-222-0117
  - b) You may be able to apply for financial assistance for drug and alcohol treatment through the Opportunity for Treatment Fund (OTF) or,
- 4. If you are **not** an **Anne Arundel County resident**, and have **no insurance**:
  - a) Contact the Federal Substance Abuse and Mental Health Services Administration's Treatment Referral Routing Service at 1-800-662-4357. Operators available 24/7 and are bilingual (English and Spanish). You do not need to give your name.
  - b) You may need to pay out of pocket. Some programs have a sliding fee scale based on income.
- 5. Make an appointment for an evaluation. An evaluation by a substance abuse treatment provider will help to determine the level of treatment you need. There are peer support counselors available at
- 6. While you are trying to arrange for treatment, begin attending a support group such as Alcoholics Anonymous (AA), Narcotic Anonymous (NA), Chemical Dependency Anonymous (CDA), or Self-Management and Recovery Training (SMART). Online/Digital Recovery Support Resources-aa-intergroup.org/directory.php, virtual-na.org, smartrecovery.org/smartrecovery-toolbox/smart-grocery-online, intherooms.com/home
- 7. For Immediate Assistance, there are Safe Stations at any local police or fire station that can offer Narcan and assistance gaining access to care. A crisis response team will also assist in care.

For more information about state funded alcohol and drug treatment programs contact the Alcohol and Drug Abuse Administration at 410-402-8300.

#### **OTHER NUMBERS FOR HELP**

Anne Arundel County Warmline (Crisis Response)	410-768-5522
Anne Arundel County Substance Abuse Referral Line	410-222-0117
Baltimore City Substance Abuse Information	410- 433-5255
Baltimore County Bureau of Substance Abuse/Behavioral Health	410-887-3828
Maryland Behavioral Health Administration	410-402-8300
Federal Substance Abuse and Mental Health Services Administration's	800-662-4357
Treatment Referral Routing Service (bilingual)	

## ANNE ARUNDEL COUNTY SUBSTANCE ABUSE TREATMENT PROVIDERS

The following is a list of substance abuse treatment providers. *It is not all inclusive. Please contact your insurance provider for additional names.* 

provider for additional names.		
OUTPATIENT Road to Recovery (North) 122 North Langley Road, Ste. B Glen Burnie, MD 21060 410-222-0100	SERVICE PROVIDED Adult outpatient Co-occurring capable Medication Assisted Treatment (MAT) individual, group, family counseling	FEES MA Sliding Scale
Road to Recovery (South) 711 Bestgate Road Annapolis, MD 21401 410-222-6001	Adult outpatient Co-occurring capable Medication Assisted Treatment (MAT) individual, group, family counseling	MA Sliding Scale
A New Way Clinic 2411 Crofton Lane, Ste. 12 Crofton, MD 21114 410-451-7323	Outpatient, DUI/DWI Anger management	Sliding Scale Private Pay
ADI, Inc. 7458 Baltimore Annapolis Blvd, 2 <sup>nd</sup> Floor Glen Burnie, MD 21061 410-787-2288	Outpatient, Co-occurring capable DWI, Anger Management, Women's group Domestic Violence	Sliding Scale MA
Anne Arundel Counseling 7310 Ritchie Hwy, Ste.1009 Glen Burnie, MD 21061 Additional locations 410-768-5988	Outpatient Co-occurring capable DWI/DUI	Self Pay/Sliding Scale Private Insurance
All Joshua 2586A Riva Rd, Ste 202 Annapolis, MD 21401 443-221-7447	Outpatient Co-occurring capable DWI/DUI, IOP, and Medication Assisted Treatment (MAT)	Sliding Scale MA
A Step Forward 800 North Fulton Avenue Baltimore, MD 21217 410-462-6001	Outpatient IOP, Co-occurring DWI/DUI, Drug court 3.1 & 3.3	MA Medicare Private Insurance
Chase Brexton 200 Hospital Drive Glen Burnie, MD 21061 410-837-2050	Outpatient IOP DWI/DUI	Sliding Scale MA/Medicare Private Insurance
Congruent Counseling 1110 Benfield Blvd Ste B Millersville, MD 21108 410-740-8066	Intensive outpatient Co-occurring capable Outpatient	MA Private Insurance Self Pay
Cornerstone Pastoral Care & Counseling 8 Carvel Circle Edgewater, MD 21037 410-266-8596x100	Outpatient	Sliding Scale Private Insurance

Ferry Point 1113 Odenton Road Odenton, MD 21113 410-674-8500	Outpatient	MA Private Insurance
First Step Recovery of Arundel Lodge 1819 Bayridge Drive Annapolis, MD 21403 410-280-2333	Intensive outpatient, Suboxone, Vivitrol, DWI, Co-occurring capable	Sliding Scale MA Private Insurance
Foundations Recovery Centers of America 1825 Woodlawn Drive Woodlawn, MD 21207 240-616-4371	PHP, IOP	Self-Pay BC/BS
Gaudenzia 5 Crain Highway North Glen Burnie, MD 21061 443-569-7950	IOP, outpatient	MA Private Insurance
Helping Up Mission 1029 E Baltimore St Baltimore, MD, 21202-4705 410-675-7500 ext. 136	1-year Spiritual Recovery Program Housing	No payment required
Hope House Crownsville 26 Marbury Dr. Crownsville, MD 21032 443-923-6700	IOP, Gambling Counseling., DWI, Pre-Op Liver Transplant Group, Detox	MA Self Pay Private Insurance
Hope House Laurel 419 Main Street Laurel. MD 20707 301-490-5551	IOP, SMART Recovery, Detox	MA
I'm Still Standing by Grace 1003 E Patapsco Ave Baltimore, MD 21225 410-355-3711	Detox, Outpatient, IOP, and PHP Inpatient, DWI/DUI, Methadone	MA Medicare
KP Counseling 7229 Ritchie Highway Glen Burnie, MD 21061 410-320-9967	Intensive outpatient, outpatient DUI	MA
New Life Addiction Counseling Services 4231 Postal Court, #201 Pasadena, MD 21122 443-701-9888	Intensive outpatient, outpatient, DWI, Detox (Suboxone) Co-occurring capable	Self-Pay Private Insurance MA
No Turning Back Inc. 918 Chesapeake Ave Annapolis, MD 21403 443- 214-5445	Outpatient, IOP DWI/DUI	MA Private Insurance

**Outreach Dimensions** 4201 Northview Drive Ste 104 Bowie, MD 20716 410-324-6464 **Multiple Locations** 

Outpatient, Suboxone Zubsolv, Vivitrol Sublocabe

MA **Private Insurance** 

**Pathways** 2620 Riva Rd

Annapolis, MD 21401 410-573-5400

Penn North Recovery 2410 Pennsylvania Ave., Ste 200 Baltimore, MD 21217 410-728-2080

Intensive outpatient, Adolescent intensive outpatient, Outpatient, DWI Co-occurring capable

Private Insurance MA

Self Pay

Powell Recovery 14 S. Broadway Baltimore, MD 21231 410-276-1773

Detox, PHP, IOP Outpatient, Co-occurring

Outpatient

MA

MA

Project Chesapeake 5710 Ritchie Highway Brooklyn Park, MD 21225 410-636-5600

Intensive outpatient, outpatient DWI education, anger management Domestic violence Co-occurring capable

MA Private Insurance

Self Pay

Kolmac 820 Bestgate Road, Suite 2C Annapolis, MD 21401 \*Additional locations

Detox, Intensive Outpatient, Outpatient, Virtual options

Private Insurance

**INPATIENT** 

Hope House 26 Marbury Drive Crownsville, MD 21032 410-923-6700

Inpatient Detox

Self Pay Private Insurance County Funded

Self Pay

**Pathways** 2620 Riva RD Annapolis, MD 21401 410-573-5400

Inpatient Adolescent inpatient

Private Insurance MA (only 20 years old and under)

**Treatment Solutions Network** 1-877-887-2356

Delphi Health Group 844-899-5777

Inpatient, Detox Self Pay

Private Insurance

Inpatient

Private Insurance

### ADDITIONAL INPATIENT TREATMENT PROGRAMS IN MARYLAND

Avenues Recovery 125 Fairground Rd

Prince Frederick, MD 20678

443-432-2441

Inpatient, Outpatient, Suboxone

Dual-diagnosis, Detox

Self-Pay

**Private Insurance** 

Ashley Addiction Treatment

800 Tydings Lane

Havre de Grace, MD 21078

410-273-6600

Hope House of Laurel

419 Main Street Laurel, MD 20707

301-490-5551

Detox, Inpatient Pain management,

Spiritual Services, Family education

Self-Pay

Private Insurance

Inpatient Sel

Detox

Self-Pay

Private Insurance

MA

Hudson Health

1506 Harting Drive Salisbury, MD 21802

410-219-9000 or 888-288-9086

Detox, Inpatient, PHP

Self-Pay

**Private Insurance** 

MA

Joseph Massie Unit

10102 Country Club Rd SE Cumberland, MD 21502

301-777-2285

Inpatient

Accepts Suboxone (bring own supply)

PHP

Self-Pay (Sliding Scale)

Private Insurance

MA

Jude House

9505 Crain Highway Bel Alton, MD 20611

301-932-0700

Inpatient

Methadone/Suboxone accepted

Self-Pay-\$560 per week

4 month commitment

Maryland Addiction Recovery Program

8600 LaSalle RD Carroll Bridge Ste 212 Towson, MD 2126 410-734-2389 Community Living Program (Must attend 5 days per week)

PHP, IOP

Private Insurance

Maryland Recovery

21 West Courtland Street Bel Air, MD 21014

877-706-0281

Inpatient, dual diagnosis, PHP

Private Insurance

Mountain Manor 9701 Keysville Rd

Emmitsburg, MD 21727

301-447-2361 or 800-537-3422

Detox, Inpatient, Dual diagnosis Methadone/Suboxone accepted

Vivitrol

Private Insurance

Phoenix Recovery

107 Edgewood Rd Edgewood, MD 21040

410-671-7374 or 800-671-9516

Detox, Inpatient

Self-Pay

Private Insurance

Right Turn of Maryland Inpatient, Outpatient Self-Pay-\$3400-28 day 1209 Liberty Road, Ste 102 Eldersburg, MD 21784 410-581-4900 Detox, Inpatient Self-Pay (Sliding Scale) Shoemaker Suboxone accepted Private Insurance 6655 Sykesville Rd Sykesville, MD 21784 MA 410-876-1990 **Tranquility Woods** Detox, Inpatient Self Pay 171A Ryan Rd Outpatient, Dual diagnosis Private Insurance\* Pasadena, MD 21122 \*out of network only Tuerk House **Private Insurance** Detox 730 N Ashburton Street Outpatient MA Baltimore, MD 21216 Methadone/Suboxone accepted 410-233-0684 Walden Sierra Inpatient, Outpatient Self Pay 85 High St Residential Private Insurance Waldorf, MD 20602 Methadone/Suboxone accepted 301-997-1300 ext. 819 Warwick Manor Detox, Inpatient Private Insurance Methadone/Suboxone accepted 3680 Warwick Rd MA East New Market, MD 21631 410-943-8108 Whitsitt Center (only Eastern shore residents) Detox, Inpatient, Dual Diagnosis Self-Pay (Sliding Scale) 300 Scheeler Rd Private Insurance

Chestertown, MD 21620

410-778-6404

Gaudenzia W.A.R.M.S

105 Circle Dr Crownsville, MD 21032 443-423-1500

\*Walk in/Self refer permitted

Detox, Inpatient, Medication Assisted

Treatment

MA

Private Insurance

### **METHADONE PROGRAMS**

New Journey Inc.	32 Defense Street, Annapolis, MD 21401	443-949-7150	Cash/MA
Adult Addictions	122 N Langley Rd, Ste B, Glen Burnie, MD 21061	410-222-0100	Cash/MA
Allcare Treatment	550 N Crain Hwy, Unit 8-9, Glen Burnie, MD 21061	443-517-6552	Cash/MA
E.J.A.L.	7229 Ritchie Hwy, Glen Burnie, MD 21061	410-761-3686	Cash/MA
We Care	13 Aquahart Road, Glen Burnie, MD 21061	410-766-9668	Cash/MA
BNJ	7541 Ritchie Hwy, Glen Burnie, MD 21061	410-553-0506	Cash/MA
Starting Point	4109 Ritchie Hwy, Brooklyn Park, MD 21225	410-609-0040	Cash/MA
Medmark Treatment	2490 Giles Road, Brooklyn, MD 21225 (Balt. City)	410-354-2800	Cash/MA

#### SUBOXONE MAINTENANCE

- Suboxone is prescribed by specialty licensed physicians. Some insurance plans cover Suboxone treatment and others do not. Physicians who prescribe Suboxone will have individual fee schedules and many do not accept insurance.
- Individuals who have insurance call:
  - o HERE TO HELP (They will help you find a Suboxone provider) 1-866-973-HERE (4373)
- Individuals with NO insurance should contact your local health department.

#### OR

• You can find a list of physicians by using your computer and entering "SAMHSA Suboxone" in the address bar or by going to: https://findtreatment.samhsa.gov/locator?sAddr=&submit=Go

Choose your state, i.e. Maryland, Delaware, etc. and a list of physicians will be provided. Use the list to locate providers within a reasonable commute distance and then call for availability and costs.

SAMHSA is the Substance Abuse and Mental Health Services Administration.

We highly recommend that you also locate an outpatient counselor to see while on Suboxone as well as attend a support group such as Narcotics Anonymous to strengthen your recovery efforts.

## **VETERAN'S TREATMENT**

Baltimore V.A. Medical Center 410-605-7000

### MEDICARE BENEFICIARIES

There are VERY few programs in MD that accept Medicare. Below is a limited list including out of state. Please call to verify eligibility and contact your insurance company for other options.

Tuerk House (Baltimore)	410-233-0684
Harbor Oaks	866-258-3079
Physicians Behavioral Hospital (Louisiana)	318-550-0520
Promise Hospital (Louisiana)	318-934-0481
Self Recovery (Alabama)	866-255-3350
Turning Point (Georgia)	800-342-1075
Commit Oales (Name Innoun)**	

Summit Oaks (New Jersey)\*\*

### FINANCIAL ASSISTANCE FOR ANNE ARUNDEL COUNTY RESIDENTS

Apply for Opportunity for Treatment Funding. See the last page for detailed information.

#### **SUPPORT GROUPS**

Annapolis Area Intergroup <u>www.annapolisareaintergroup.org</u> (entire list for AA County AND virtual options)

**Red House AA Meetings** 

7:30am Monday – Friday 12:30pm Saturday & Sunday 8am Saturday – Sunday 6pm Tuesday & Friday

7pm Saturday 8:30pm Tuesday - Friday & Sunday

A.A. Annapolis (8:30pm daily) 410-268-5441 A.A. Baltimore County and City 410-663-1922

Adult Children of Alcoholics <u>www.adultchildren.org</u>

Al-Anon/Ala-teen (AA County) 410-766-1984 Compulsive Gambling Hotline 800-522-4700 Narcotic Anonymous 800-317-3222

Celebrate Recovery: Western & Northern MD Southern & Central MD Phone: 301-393-4377 ext. 4 Phone: 301-806-6272

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<sup>\*\*</sup>Must be under 21, or over 65 with Medicare 800-753-5223

# **SOBER HOMES**

THESE ARE <u>Unlicensed</u> Houses where a person who is free of drugs and/or alcohol can live. <u>A sober house is not a treatment center.</u> There may be a house manager or counselor on site. Each is independily owned and run. Rent is due every week in advance. Everyone shares housekeeping duties. People are asked to leave if they drink or use drugs.

ACT 2 (Men Only)	CHRYSALIS HOUSE (Women Only)
No Methadone or Suboxone	Accepts those on Methadone or Suboxone
301-498-5766	410-974-6829
Laurel, MD	Crownsville, MD
DESERT HOUSES (Men Only)	FREEDOM HOUSE (Men Only)
No Methadone or Suboxone	No Methadone or Suboxone
410-320-7138 (Patty)	443-763-0274 (Bobby K.)
Annapolis, MD	Brooklyn, MD
OPPORTUNITY HOUSE	OXFORD RECOVERY HOUSES
Accepts those on Methadone or Suboxone	(Men and Women) Methadone/Suboxone
Men-Glen Burnie, Pasadena	acceptance varies by house
Women-Glen Burnie	301-587-2916 (MD Headquarters) Nationwide
410-615-9286 (Larry)	
PORT RECOVERY (Men & Women) Methadone	RECOVERY HOUSE (Men Only)
or Suboxone only accepted if on taper	No Methadone or Suboxone
443-463-7524	410-984-7022 (Clinton) or
Baltimore, MD	Brooklyn, MD
SAMARITAN HOUSE (Men Only)	SECOND CHANCE (Men & Women)
	` '
Accepts those on Methadone or Suboxone	Accepts those on Methadone & Suboxone 443-
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Accepts those on Methadone or Suboxone	Accepts those on Methadone & Suboxone 443-
Accepts those on Methadone or Suboxone 410-269-5605 (Mike)	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or
Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie
Accepts those on Methadone or Suboxone 410-269-5605 (Mike)	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie)
Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD  STEPPING STONE (Men & Women) Accepts those on Methadone & Suboxone	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie  THE WAY HOMES (Men & Women)
Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD  STEPPING STONE (Men & Women) Accepts those on Methadone & Suboxone 410-837-3600(Chris) or 301-233-4964	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie  THE WAY HOMES (Men & Women) No Methadone or Suboxone 410-255-0647
Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD  STEPPING STONE (Men & Women) Accepts those on Methadone & Suboxone	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie  THE WAY HOMES (Men & Women) No Methadone or Suboxone 410-255-0647 410-599-4387 Women
Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD  STEPPING STONE (Men & Women) Accepts those on Methadone & Suboxone 410-837-3600(Chris) or 301-233-4964 Multiple locations in AA County, Eastern Shore,	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie  THE WAY HOMES (Men & Women) No Methadone or Suboxone 410-255-0647
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Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD  STEPPING STONE (Men & Women) Accepts those on Methadone & Suboxone 410-837-3600(Chris) or 301-233-4964 Multiple locations in AA County, Eastern Shore, Baltimore City, Annapolis, Southern MD  SERENITY SISTAS (Women only) No Methadone or Suboxone	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie  THE WAY HOMES (Men & Women) No Methadone or Suboxone 410-255-0647 410-599-4387 Women Pasadena, MD  SIGHTS ON SOBRIETY (Men only) No Methadone or Suboxone
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Accepts those on Methadone or Suboxone 410-269-5605 (Mike) Annapolis, MD  STEPPING STONE (Men & Women) Accepts those on Methadone & Suboxone 410-837-3600(Chris) or 301-233-4964 Multiple locations in AA County, Eastern Shore, Baltimore City, Annapolis, Southern MD  SERENITY SISTAS (Women only) No Methadone or Suboxone 443-214-5526 Multiple locations in AA County GRACE HOUSE	Accepts those on Methadone & Suboxone 443-764-5667 (Litra) or 410-841-8529 (Stacie) 2 houses in Glen Burnie  THE WAY HOMES (Men & Women) No Methadone or Suboxone 410-255-0647 410-599-4387 Women Pasadena, MD  SIGHTS ON SOBRIETY (Men only) No Methadone or Suboxone 443-214-5526  HIGHER STANDARDS (Women) 410-456-7404

MEETING GROUND	FRESH START(Men)
(Women w/Children)	410-760-2970
410-620-3128	Glen Burnie, MD
Elkton, MD	
GAINING GROUND(Men)	MARIAN HOUSE(Women)
443-955-2673	410-760-2970
Havre De Grace, MD	Glen Burnie, MD

### **OPPORTUNITY FOR TREATMENT FUNDING (OTF)**

If you are an Anne Arundel County Resident and abuse alcohol or drugs, you may be able to obtain funds for treatment from the Anne Arundel County Health Department.

### Requirements

You must be an Anne Arundel County resident, have no health insurance and be at least 18 years old.

The sliding fee scale, as used by Maryland Department of Social Services, determines the amount of your copay. Co-pay is the amount you are required to pay out of your pocket for your treatment. Your income and financial obligations are considered in determining the amount of money you will have as co-pay. The remainder of the cost is covered by the Opportunity for Treatment Fund and is paid directly to the treatment provider.

**Procedure** 1. You must make the telephone call yourself between 8 AM and 5 PM Monday – Friday to schedule an appointment for an assessment.

If you are a county resident, have no health insurance and are *seeking treatment for an alcohol or drug problem*, you are to call 410-222-0117 and ask to speak with a counselor about treatment through OTF.

Leave a message with the telephone number at which you can be reached if the person is not available. You will receive a call back and an appointment will be scheduled for you.

- 2. You will be asked to bring documentation of income (pay stub or tax form) or, if unemployed, a notarized letter from the person providing financial support. If you have filed for unemployment benefits you must bring verification that this has been done.
- 3. An assessment will be completed and the assessor will determine a treatment level (outpatient or inpatient) based on your needs.
- 4. You will be given a referral to a treatment center and an initial appointment will be made for you at the treatment center on the day of your assessment.
- 5. You and your treatment counselor will decide the length of time you will stay in treatment.

### MARYLAND RECOVERY NETWORK

This agency can provide funds for 5-6 weeks for a sober home environment. This process can take up to 2 weeks. It takes 5 days for approval and then they will locate a sober home with an opening. Must have primary substance abuse diagnosis. Contact 410-222-7076 for information. They can complete intake with you at the hospital.