



AWARD-WINNING CARDIAC SERVICES

AT

UNIVERSITY OF MARYLAND
BALTIMORE WASHINGTON
MEDICAL CENTER



PREVENTING CARDIOVASCULAR DISEASE

UM BWMC is proud to offer a wide variety of community programs and health initiatives aimed at preventing heart disease and helping area residents maintain a healthy heart:

Free blood pressure screenings and vascular screenings in the community and at UM BWMC.



- Exercise classes
- Mills Milers walking program at Arundel Mills
- Smoking cessation classes
- Nutrition and weight loss education
- CPR classes and more



Public health events including Heartbeat for Health expo, Color Your Heart 5k Fun Run and other health fairs throughout the year.



TREATING HEART CONDITIONS

UM BWMC provides comprehensive services to diagnose and treat cardiovascular conditions, and help you safely recover from them. These services include:



A cardiopulmonary rehabilitation program to help patients safely become active again and recover from heart attacks, cardiac procedures and pulmonary conditions. Our program has proudly been serving our community for over 30 years.

Catheterization surgical suites for emergency and elective heart procedures to treat heart attacks and blocked arteries.



Implantation of specialized defibrillators for heart failure patients.

Diagnostic testing, including echocardiograms, EKGs and nuclear stress tests, to identify or rule out certain heart conditions.



DISTINGUISHED AND AWARD-WINNING CARE

UM BWMC is committed to providing the highest quality care to our patients, and our cardiac patients are certainly no exception. Our cardiac care has earned many awards and recognitions:

Designation as a **Cardiac Interventional Center**. When EMS providers identify a heart attack patient, they transport the patient to the closest designated Cardiac Interventional Center, bypassing hospitals without the designation.

Designation as a **Primary Stroke Center** by the American Stroke Association and Maryland Institute for Emergency Medical Services Systems.

2016 Mission: Lifeline® Gold Quality Achievement Award recipient from the American Heart Association.

2016 American Heart Association/American Stroke Association's **Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award** recipient.

2015 and 2016 American College of Cardiology Foundation's NCDR ACTION Registry-GWTG Platinum Performance Achievement Award recipient recognizing our commitment and success in implementing a higher standard of care for heart attack patients.

In 2012, UM BWMC's cardiac rehab therapists developed the first ever Maryland Heart Games to offer a variety of challenging, safe and competitive activities for cardiac rehab patients of all ages in the state of Maryland.

In 2010, UM BWMC was the first hospital in Anne Arundel County to purchase **LifeNet equipment for the Emergency Medical Technician (EMT)** teams in Anne Arundel County and BWI Thurgood Marshall Airport. This allows field-based EMTs and hospital-based care teams to share and store critical patient data, such as heart rhythms and blood flow, needed for quick decision-making. In January 2016, UM BWMC purchased new, updated LifeNet systems to keep the County and BWI EMT teams equipped with the latest technology.

POWERFUL PARTNERSHIPS



UM BWMC partners with community wellness programs and non-profit organizations to ensure we're reaching people outside of the hospital walls and helping families to build lasting, healthy habits. These partnerships include classes, health fairs and seminars with the American Heart Association, American Stroke Association, American Red Cross, Anne Arundel County Departments of Health and Aging, Walgreens, YMCA, R U Fit, Tafiya Yoga and Wellness, and many more.

Many of UM BWMC's cardiologists are faculty members at the University of Maryland School of Medicine, teaching the next generation of doctors. Our physicians work in partnership with the School of Medicine to participate in clinical, research and educational opportunities.

UM BWMC's cardiologists have offices throughout Anne Arundel County, providing convenient access to essential care services. They work with area primary care physicians to ensure that patients get the testing and treatment they need to maintain a healthy heart.

When a patient has the need for open heart surgery, patients are transferred directly from UM BWMC to our affiliate hospital the University of Maryland Medical Center in Baltimore, which performs more heart surgeries than any other health care institution in the state.



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